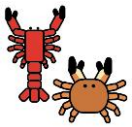
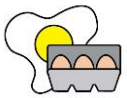
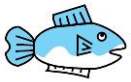
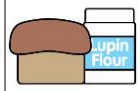
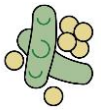
DISHES AND THEIR ALLERGEN CONTENT
Three Mile Light Bites

X = Contains allergen

MC = May contain traces/not suitable for.....

FOOD														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide (Sulphites)
Tomato Soup		X				MC	X							
Panini		X				MC						MC		
Marinara		MC					X			X				
Popcorn Chicken		X		MC			X		MC					
Caprese							X			X				
Ham & Cheese				MC			X		X					
Roasted Vegetable	MC						MC			X				

Bloomer		X				MC							MC	
Tuna & Lemon				MC	X				MC					
TM High Club				X					MC					
Monsieur		X		MC			X							
Chicken & Avocado				X	X		X							
Jacket Potato														
Tuna Mayo				MC	X				MC					
Bacon & Cheese							X							
Ranch				X			X							
Soured Cream							X							
Popcorn Chicken		X		MC			X		MC					
Curry		X							X	MC	MC	MC		

Date: 27.10.26

Reviewed by: Richard Swindell

Food Standards Agency
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You can find this template, including more information at www.food.gov.uk/allergy