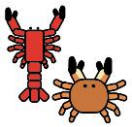
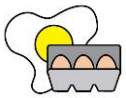
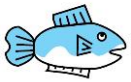
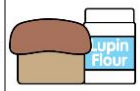
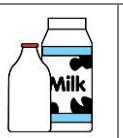
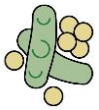
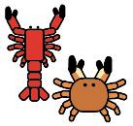
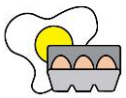
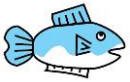
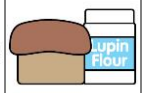
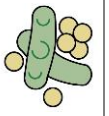
DISHES AND THEIR ALLERGEN CONTENT
Three Mile Main Menu

X = Contains allergen

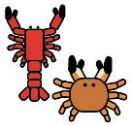
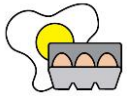
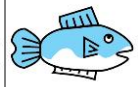
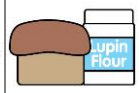
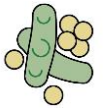
MC = May contain traces/not suitable for.....

FOOD														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide (Sulphites)
LIGHT BITES & SHARERS														
Taco		X										X	X	
Lamb Koftas		X					X		MC					
Hummus		X										MC		
Wings		MC												
Salt & Chilli										MC	MC	MC		MC
Mozzarella Sticks		X					X							
Popcorn Chicken		X					X							
Tandoori Salmon					X		X		MC	MC	MC	MC	MC	MC

Tempura		X			MC				MC		MC	X	X	
Croquettes		X					X							
To Share														
Nachos		X					X							
Katchos	MC	X					X		MC			MC		
Duckchos		X							X	MC	MC	X	X	

FOOD														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide (Sulphites)**
MAINS														
Battered Fish		X			X				MC					X
Falafel Burger														
Lamb Shank		X					MC							MC
Salmon					X		X							MC
Rump		MC					X							MC
Chicken Curry		X				MC	MC		X	MC	MC	MC		MC
Poke Bowl		X			X							X	X	
Gyros		X					X							
Beef Pie		X		X			MC							X
Duck Leg							MC							X

Ranch Burger		X		MC			X		MC				
Macdaddy		X		MC			X		MC				
Pizza & Pasta													
Chicken Alfredo		X					X						
Lasagne		X					X						
King Prawn		X	X				MC						
Meatball Marinara		X					X			X			
Pesto Genovese		X								X			
Margherita		X				MC	X		MC				MC	
Mushroom &Artichoke		X				MC	X		MC				MC	
Mixed Meats		X				MC	X		MC			MC	MC	
Ranch		X				MC	X		MC				MC	
Pepperoni		X				MC	X		MC				MC	

FOOD														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide (Sulphites)**
LOADED FRIES														
Surf & Turf		MC	X				X							MC
Popcorn Chicken		X					X		MC				X	
Duck		X										X	X	
Cheese & Bacon		MC					X							
Chinese Salt & Pepper		MC								MC	MC	MC	MC	MC
Curry Sauce		X							MC			MC		
Marinara		X					X			X				

Date: 22.10.26

Reviewed by: Richard Swindell

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