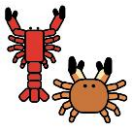
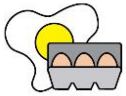
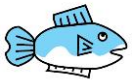
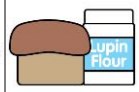
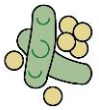
DISHES AND THEIR ALLERGEN CONTENT
Sunday Lunch Three Mile

X = Contains allergen

MC = May contain traces/not suitable for.....

FOOD														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide (Sulphites)**
STARTERS														
Soup		MC					MC							
Lamb Koftas		X			X		X		MC				MC	
Salmon					X				MC			MC	MC	
Popcorn Chicken		X					X							
Hummus		X				MC						MC		
MAINS														
Rump		X		X		MC	X							MC

Chicken		X		X		MC	X						MC
Gammon		X		X		MC	X						MC
Beetroot		X		X		MC	X			MC			
Salmon				X			X						
Lamb Shank		X		X			X						MC
Wellington		X								MC			
Fondue		X		X			X						MC
Cauliflower		X					X						
Parsnips							X						
Pigs in Blankets		MC											MC
Sage & Onion		X					X						
Mash							X						
Yorkshire Pudding		X		X			X						

Roast Potatoes							mc						
DESSERTS													
Sticky Toffee		X		X			X						
Brownie				X			X					X	
Toffee Apple Cheesecake													
Crumble Tart		X		X			X						
Chocolate Cheesecake		X		X			X						MC

Date: 22.10.26

Reviewed by: Richard Swindell

Food Standards Agency
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You can find this template, including more information at www.food.gov.uk/allergy